



### How to Order

Please place orders for Fruit Break and Lunch by 9am.  
Place orders at the tuckshop using cash or register to order  
online at [quickclik.com.au](http://quickclik.com.au)

### **One order per bag** *(no charge for bag).*

Please write:  
name, class, order, prices, money given and change required.

**SPECIAL DIETARY REQUIREMENTS?**  
Please come and talk to us at the  
tuckshop or call on 5489 0555 to  
discuss any food allergies or special  
dietary needs.

**CUTLERY**  
Disposable spoons and forks are  
provided with tuckshop orders  
and included in the price.

The tuckshop is also open during  
lunch for students to buy  
snacks/drinks at the counter.  
Pre-orders are not needed for  
these snacks.

Volunteers are always welcome and appreciated.

Please call Codie on 0467 666 010 or Trina on 0417 615 929

OR CALL INTO THE TUCKSHOP AND TALK TO OUR CONVENOR

EFTPOS AVAILABLE

# Jones Hill State School



Open Tuesday, Wednesday, Thursday and Friday

Our tuckshop is all about offering healthy food and drink choices  
to our students and all of our products are compliant  
with Education Queensland's

## *The Smart Choices*

### *–Food and Drink Spectrum*



**RED – AVAILABLE ONCE A TERM**



**AMBER – SELECT CAREFULLY**



**GREEN – HAVE PLENTY OF**

ALL OF OUR FOODS HAVE BEEN CHOSEN FROM THE

**GREEN** AND **AMBER** CATEGORIES

# Gum Tree Café menu



**Green** = Have plenty of  
**Amber** = Select Carefully

## Snack Attack

Large Fruit Salad Cup .....	\$3.00
Small Fruit Salad Cup .....	\$1.50
Vege Sticks (carrot, cucumber, cheese & dip) ..	\$3.00
Munch Pack (cheese & crackers) .....	\$1.50
Snack Box (crackers, carrots, cheese, sultanas) ..	\$2.60
Cheese Stick .....	\$1.00
Custard Tub .....	\$2.50
Yoghurt Berry Crunch .....	\$2.50
Rice Paper Rolls (x2 with dipping sauce) .....	\$4.00
Chobanni Yoghurt .....	\$2.30
Pop Corn .....	\$1.00
Banana Bread .....	\$2.00
Jelly Cup with Fruit .....	\$2.00
Chocolate Cookies .....	\$1.00
Frozen Yoghurt .....	\$2.50
Cheese & Vegemite Scrolls .....	\$1.50
Cheese & Bacon scrolls .....	\$1.50
Yoghurt Frogs (3 pack) .....	.50
Gingerbread Man .....	\$2.00

## Salads

Garden Salad with Egg .....	\$4.00
Ham & Garden Salad with Egg .....	\$6.00
Quiche & Salad .....	\$6.00

## Sandwiches (Multigrain available)

Cheese Sandwich .....	\$2.00
Ham & Cheese Sandwich .....	\$2.50
Ham, Cheese & Tomato Sandwich .....	\$2.60
Ham & Salad Sandwich .....	\$3.50
Chicken & Cheese Sandwich .....	\$2.60
Egg & Lettuce Sandwich .....	\$3.00
☛ Toasted extra .....	.50

## Wraps

Chicken & Salad Wrap .....	\$6.00
Ham & Salad wrap .....	\$6.00
Sweet Chilli Chicken Wrap (toasted) .....	\$5.00

## Salad Rolls

Ham or Chicken .....	\$5.50
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## Burgers

Hamburger .....	\$5.00
Chicken Burger .....	\$5.00
Fish Burger .....	\$4.00

## Hot Food

Chicken Chips (5) s/pot (3) .....	\$3.50
Meat Pie .....	\$4.00
Sausage Roll .....	\$2.50
Quiche .....	\$2.00
Pizza (BBQ chicken, pepperoni, ham & pineapple) ..	\$4.00
only available Tuesday and Wednesday	
Chicken and Gravy Roll .....	\$5.00
Spaghetti Bolognese .....	\$5.00
Mild Butter Chicken with Rice .....	\$5.00
Taco Tray .....	\$6.00

## Drinks

Water 600ml .....	\$2.00
Plain Milk 150ml .....	\$1.50
Juice 200ml (tropical, orange & apple) .....	\$2.00
Milk 250ml (chocolate & strawberry) .....	\$2.50
Frozen Milk 250ml (chocolate & strawberry) ..	\$2.50
Hot Chocolate .....	\$2.00
Cold Milo .....	\$2.50
Bombs 100% sparkling Juice (Assorted Flavours) .....	\$2.20

## Extras

Tomato Sauce .....	.30
BBQ Sauce .....	.30
Salad Dressing .....	.20

## Value Lunch Pack .....

\$5.00  
 1 x small fruit, 1 x cookie, 1 x small vanilla yoghurt  
 & 1 x sandwich (ham/cheese/spread)

## Breakfast

(over counter only, 8am—8.40am Tuesday-Friday)  
 Toast (x2) or assorted cereals .....

\$2.50