

Volleyball Australia – Queensland Regional Camp 2023

Wide Bay Region

13th & 14th May 2023

Camp Fee: \$165 inc GST (fee paid at registration)

Camp Location: Aldridge State High School Boys Avenue, Maryborough. Queensland 4650.

Camp Schedule

Saturday 13th May (Day 1)

8:30am - 10:00am	Male Group
10:00am - 11:30am	Female Group
11:30am - 1:00pm	Male Group
1:30pm – 3:00pm	Female Group
3:00pm – 4:30pm	Male Group
4:30pm – 6:00pm	Female Group

Sunday 14th May (Day 2)

8:00am - 9:30am	Male Group
9:30am - 11:00am	Female Group
11:00am - 12:30pm	Male Group
1:00pm – 2:30pm	Female Group
2:30pm – 4:00pm	Male Group
4:00pm - 5:30pm	Female Group

Athletes will benefit from experienced Volleyball Australia coaches in a structured program that will develop athlete's understanding and execution of volleyball skills, techniques, and strategies. We encourage athletes to adopt the growth mindset required for high performance athletes to succeed at the next level of competition.

Interested athletes do not need to have any previous experience in volleyball. Come with a willingness to learn and improve your volleyball skills!

Athletes aged between 10 – 18 years old are encouraged to register for this regional camp!

Camp Registration Link: http://tinyurl.com/etwidebay2023

Note: Camp fee does not include food or accommodation for athletes.

To register, scan the QR code below:



Contacts

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VA EMERGING TALENT VOLLEYBALL PROGRAM

Volleyball Australia has established the Emerging Talent program to provide young athletes (aged 10-17 years) an opportunity to develop their skills in a national volleyball development pathway program.

Emerging Talent program coaches and staff provide a high-quality practice environment for athletes that fosters holistic and individualised athlete development with a goal to achieve high levels of state, national and international representation in the sport.

REGIONAL CAMP PURPOSE?

The purpose of our regional camps is to provide high-performance learning and development opportunities to athletes and coaches in regional areas of Queensland. This is achieved through structured training and development sessions with content based around concepts and theories adopted and used by Australian national team programs and coaches. The camp aims to:

- Foster and develop athletes in their high-performance pathway
- Further develop existing skills and techniques in a competitive, highperformance training environment
- Provide a holistic, athlete-centred approach to learning
- Provide the tools, concepts and practical skill set for coaches to work with developing and high-performance athletes.

HOW MUCH WILL IT COST?

The fee for attending a two-day camp is \$165 (inc GST)

The camp fee includes:

- + Professional coaching and expertise by VA coaching staff/athletes.
- + 6 x 90-minute structured training sessions over the two day camp.
- Every athlete receives an Emerging Talent training shirt
- Ability to attend as many VA Emerging Talent centre trainings in our SE QLD centres for 12 months following the regional camp, at no extra charge (for regional-based athletes only).

COACH DEVELOPMENT OPPORTUNITY!

Our VA Regional camps are an opportunity for coaches in the region to upskill and gain valuable coaching expertise under the guidance of our experienced coaching staff. Coaches are also able to complete a Level 2 volleyball coaching course and gain a nationally recognised accreditation at minimal cost. *Note that the online Level 1 coaching course must be completed prior to attending the Level 2 course (RPL is available for teachers). Interested coaches should contact qas.etac@volleyball.org.au for further information.

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